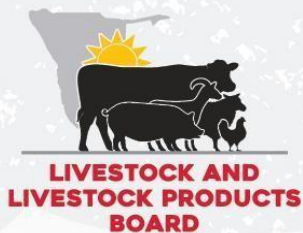




Weekly Beef Consumer Prices

(Khomas, Kavango East,
Oshana, Zambezi)

DATE: 03 August 2026



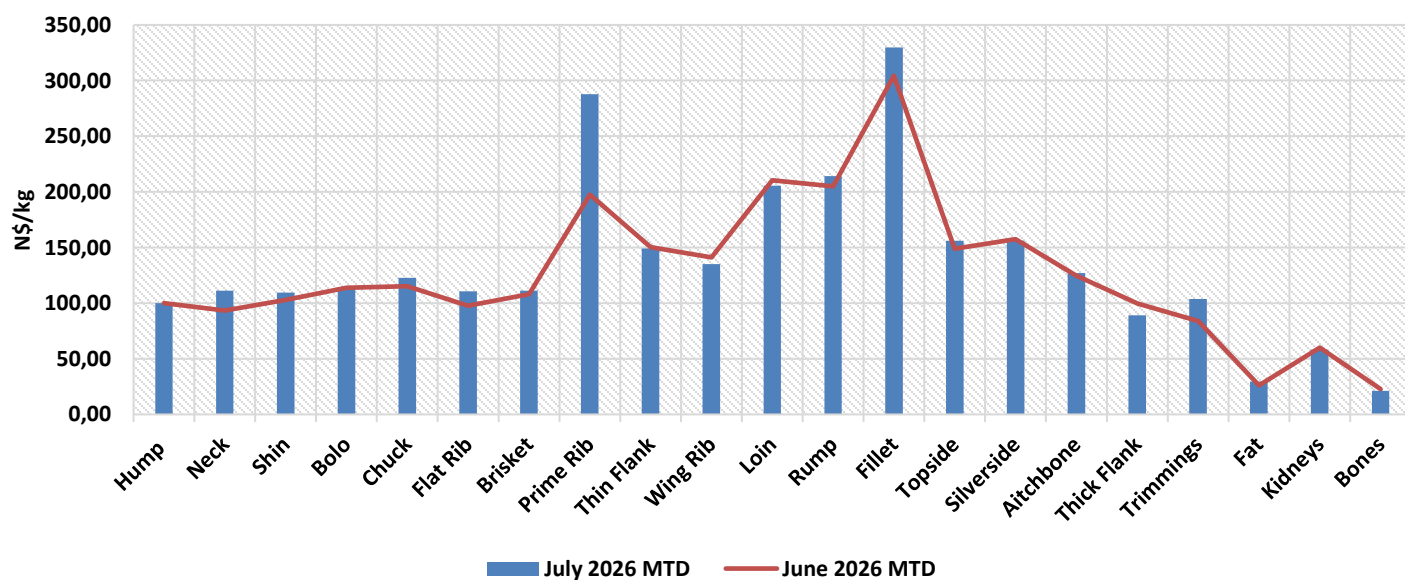
Livestock and Livestock Products Board of Namibia
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Email: statistician@nammic.com.na • Web: www.nammic.com.na



WEEKLY BEEF CONSUMER PRICES (KHOMAS)

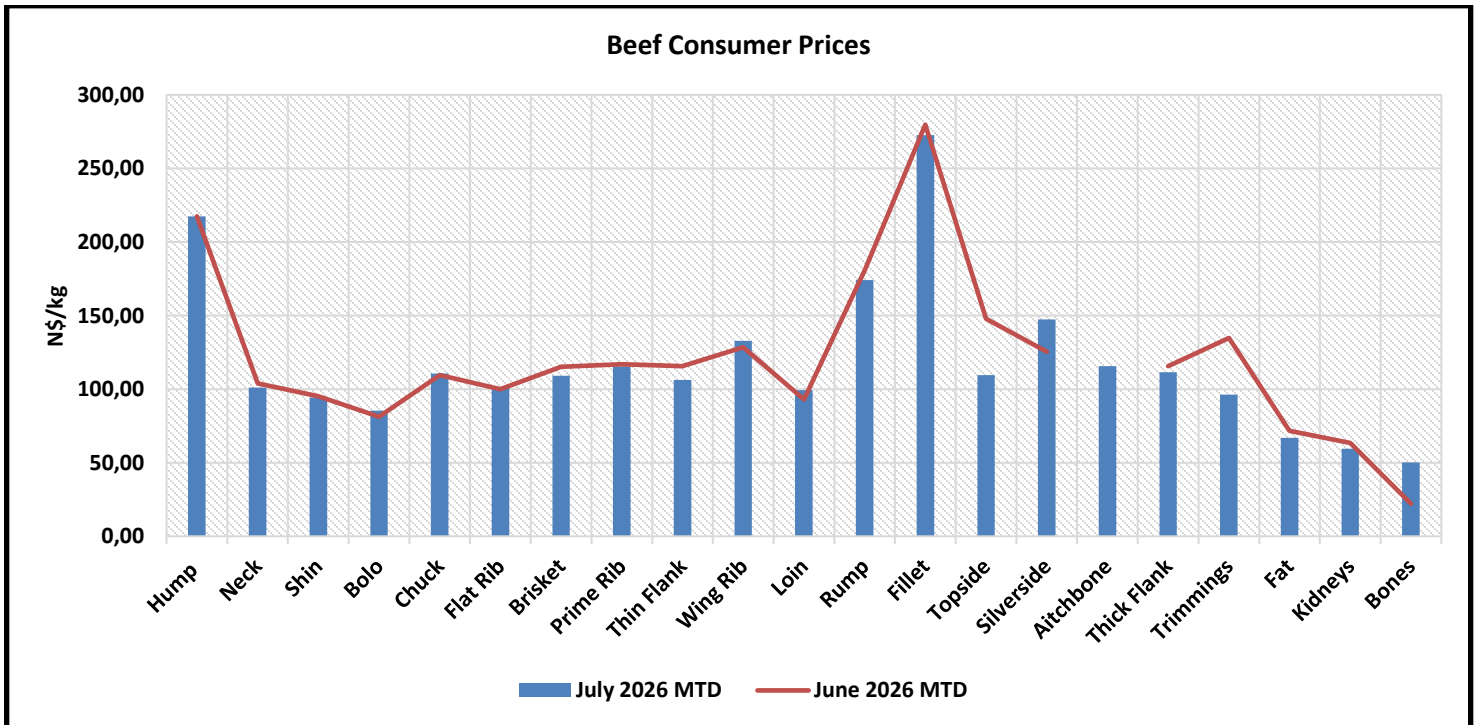
Description	10/07/2026	17/07/2026	24/07/2026	31/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump						99,99	99.99
Neck	116,66	116,66	112,29	105,75	-5,82	111,16	93.32
Shin	107,82	107,82	115,64	115,21	-0,38	109,39	102.89
Bolo	113,03	113,03	116,30	113,03	-2,80	114,12	113.76
Chuck	127,53	127,53	121,73	121,73	0,00	122,80	115.14
Flat Rib	113,90	113,90	112,17	113,90	1,55	110,56	97.68
Brisket	111,88	111,88	112,29	111,42	-0,77	111,21	107.96
Prime Rib	304,34	304,34	304,34	304,34	0,00	287,64	197.38
Thin Flank	137,09	137,09	160,86	160,86	0,00	149,03	150.35
Wing Rib	130,43	130,43	130,43	143,47	10,00	135,21	141.02
Loin	201,73	201,73	226,08	199,99	-11,54	205,61	210.43
Rump	223,18	223,18	211,59	210,86	-0,34	214,19	204.88
Fillet	315,35	315,35	382,60	331,59	-13,33	329,85	304.34
Topside	152,17	152,17	159,41	156,51	-1,82	155,93	148.83
Silverside	156,51	156,51	155,06	155,06	0,00	155,93	157.38
Aitchbone	132,60	132,60	108,69	128,25	18,00	127,03	124.64
Thick Flank	81,15	81,15	101,44	89,41	-11,86	88,94	99.65
Trimmings	110,14	110,14	101,73	110,86	8,98	103,71	84.00
Fat	33,03	33,03	27,82	27,38	-1,56	29,47	26.08
Kidneys	60,86	60,86	55,30	54,77	-0,94	58,24	60.14
Bones	16,66	16,66	23,76	23,76	42,63	21,17	22.79

Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (KAVANGO EAST)

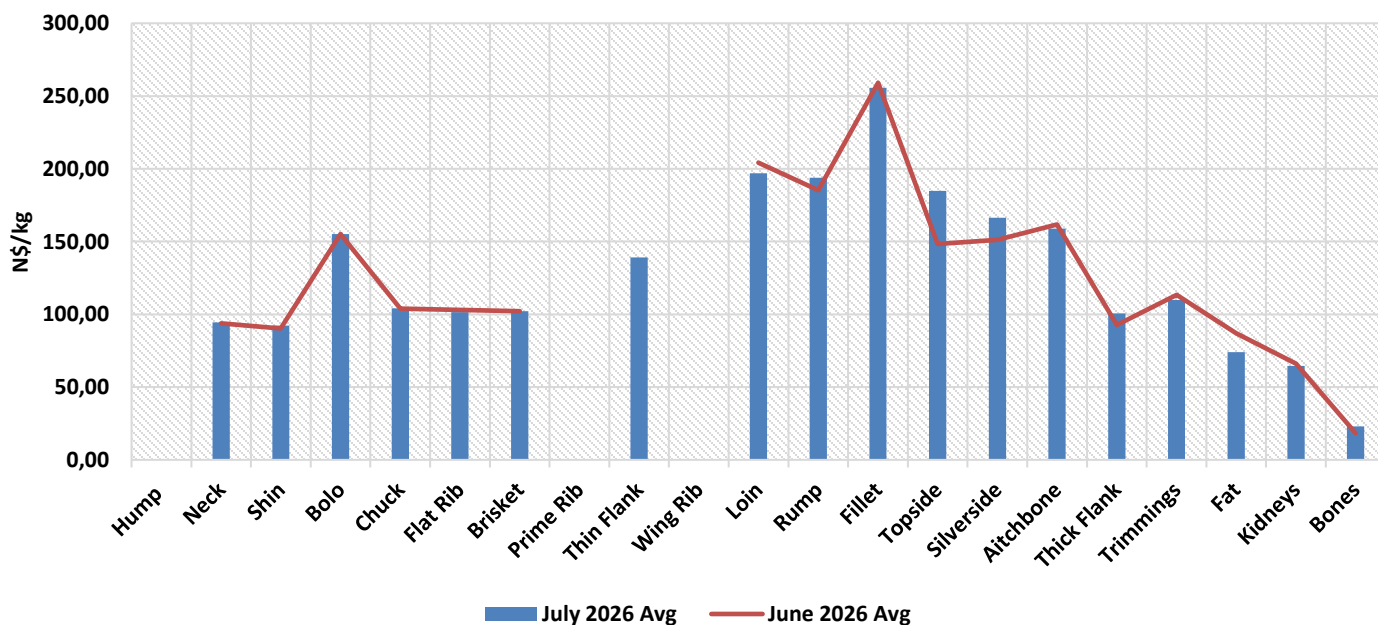
Description	10/07/2026	17/07/2026	24/07/2026	31/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump						217,38	217.38
Neck	103,30	97.83	100.51	100,51	0,00	101,16	103.90
Shin	91,57	94.42	95.04	95,04	0,00	94,26	95.21
Bolo	81,25	101.88	81.25	81,25	0,00	85,38	81.25
Chuck	110,02	112.34	110.60	110,60	0,00	110,71	109.58
Flat Rib	99,99	99.04	104.34	104,34	0,00	101,54	99.99
Brisket	115,06	106.30	104.50	104,50	0,00	109,16	115.25
Prime Rib	116,95	114.65	114.34	114,34	0,00	115,44	116.95
Thin Flank	115,58	68.75	115.58	115,58	0,00	106,22	115.58
Wing Rib	128,53	140.86	133.05	133,05	0,00	132,80	128.53
Loin	93,69	100.28	104.63	104,63	0,00	99,39	93.06
Rump	166,51	194.49	164.67	164,67	0,00	174,23	180.79
Fillet	277,25	252.25	277.25	277,25	0,00	272,70	279.68
Topside	145,52	93.75	81.25	81,25	0,00	109,46	147.92
Silverside	133,43	193.03	143.39	143,39	0,00	147,48	125.33
Aitchbone		115.58				115,58	
Thick Flank	115,58	95.63	115.58	115,58	0,00	111,59	115.58
Trimmings	95,63	60.00	95.63	95,63	0,00	96,33	134.77
Fat	65,07	67.60	65.07	65,07	0,00	66,88	71.62
Kidneys	63,38	52.71	59.03	59,03	0,00	59,51	63.38
Bones	21,95	164.56	21.08	21,08	0,00	50,12	22.14



WEEKLY BEEF CONSUMER PRICES (OSHANA)

Description	10/07/2026	17/07/2026	24/07/2026	31/07/2026	% Δ w/w	July 2026 Avg	June 2026 Avg
Hump							
Neck	97,17	93,90	93,90	94,99	1,16	94,56	93.74
Shin	93,73	91,12	94,60	91,12	-3,68	92,17	90.34
Bolo						155,21	155.21
Chuck	105,21	104,34	104,34	103,47	-0,83	104,17	103.90
Flat Rib	100,57	101,51	99,34	102,08	2,76	101,46	103.08
Brisket	104,17	101,56	101,56	101,56	0,00	102,25	102.12
Prime Rib							
Thin Flank	156,51					139,12	121.73
Wing Rib							
Loin	213,69	185,86	201,08	177,03	-11,96	197,03	204.17
Rump	193,56	195,30	195,30	195,30	0,00	193,90	185.38
Fillet	259,12	259,12	259,12	241,30	-6,88	255,56	259.08
Topside	199,99	199,99	208,69	168,11	-19,45	184,74	148.25
Silverside	162,31	173,90	173,90	173,90	0,00	166,37	151.30
Aitchbone	160,86	156,51	156,51			158,90	161.73
Thick Flank	89,56	99,12	93,03	131,88	41,75	100,66	92.60
Trimmings	106,08	113,03	113,03	112,51	-0,46	109,80	113.47
Fat	69,56	69,56	69,56			73,90	86.95
Kidneys	66,30	64,17	64,17	63,30	-1,36	64,63	66.08
Bones	20,86	18,83	18,83	36,51	93,89	23,01	18.31

Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (ZAMBEZI)

Description	10/07/2026	17/07/2026	24/07/2026	31/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	73,91	73,91	73,91	73,91	0,00	76,52	74.95
Neck	64,19	80,13	79,41	79,41	0,00	76,51	79.41
Shin	88,11	88,11	89,56	85,94	-4,05	88,26	89.28
Bolo	110,87	110,87	110,87	110,87	0,00	109,47	100.74
Chuck	84,20	84,49	85,21	85,21	0,00	84,87	84.55
Flat Rib	99,99	82,60	81,73	79,99	-2,13	85,73	84.19
Brisket	83,91	83,91	78,84	78,84	0,00	81,94	83.04
Prime Rib	101,73	86,52	82,17	82,17	0,00	89,78	88.34
Thin Flank	98,82	98,82	69,98	98,82	41,22	92,47	92.43
Wing Rib	126,08	126,08	110,87	110,87	0,00	119,42	123.18
Loin	142,25	142,25	147,46	147,46	0,00	142,25	134.16
Rump	143,99	152,69	154,43	156,17	1,13	145,39	136.63
Fillet	178,55	156,95	168,55	178,69	6,02	172,29	178.69
Topside	115,20	163,03	113,03	113,03	0,00	125,20	118.66
Silverside	112,82	112,82	112,82	112,82	0,00	112,82	126.58
Aitchbone	175,64	149,99	149,99	149,99	0,00	155,12	139.87
Thick Flank	116,23	116,23	127,82	127,82	0,00	124,34	126.75
Trimmings	78,26	78,26	78,26	78,26	0,00	80,17	86.52
Fat	8,70	8,70	8,70	8,70	0,00	8,70	8.70
Kidneys	62,60	62,60	62,60	62,60	0,00	62,43	57.59
Bones	15,50	15,13	15,13	15,13	0,00	15,28	15.19

Beef Consumer Prices

