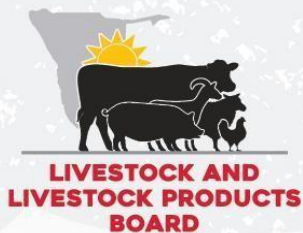




Weekly Beef Consumer Prices

(Khomas, Kavango East,
Oshana, Zambezi)

DATE: 29 July 2026



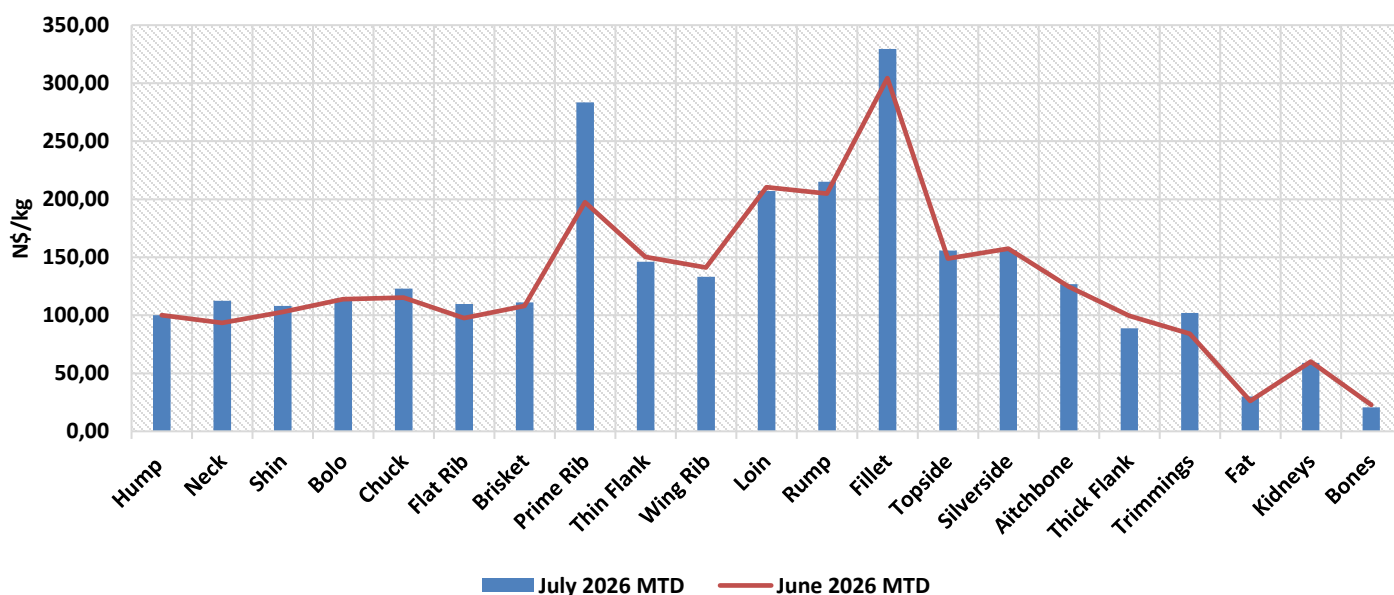
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WEEKLY BEEF CONSUMER PRICES (KHOMAS)

Description	03/07/2026	10/07/2026	17/07/2026	24/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	99.99					99,99	99.99
Neck	104.43	116,66	116,66	112,29	-3,74	112,51	93.32
Shin	100.47	107,82	107,82	115,64	7,26	107,94	102.89
Bolo	115.21	113,03	113,03	116,30	2,88	114,39	113.76
Chuck	115.50	127,53	127,53	121,73	-4,55	123,07	115.14
Flat Rib	98.90	113,90	113,90	112,17	-1,53	109,72	97.68
Brisket	108.59	111,88	111,88	112,29	0,37	111,16	107.96
Prime Rib	220.86	304,34	304,34	304,34	0,00	283,47	197.38
Thin Flank	149.27	137,09	137,09	160,86	17,34	146,08	150.35
Wing Rib	141.30	130,43	130,43	130,43	0,00	133,14	141.02
Loin	198.54	201,73	201,73	226,08	12,07	207,02	210.43
Rump	202.17	223,18	223,18	211,59	-5,20	215,03	204.88
Fillet	304.34	315,35	315,35	382,60	21,32	329,41	304.34
Topside	159.41	152,17	152,17	159,41	4,76	155,79	148.83
Silverside	156.51	156,51	156,51	155,06	-0,93	156,15	157.38
Aitchbone	133.03	132,60	132,60	108,69	-18,03	126,73	124.64
Thick Flank	91.54	81,15	81,15	101,44	25,00	88,82	99.65
Trimmings	85.69	110,14	110,14	101,73	-7,63	101,92	84.00
Fat	26.08	33,03	33,03	27,82	-15,79	29,99	26.08
Kidneys	59.41	60,86	60,86	55,30	-9,14	59,11	60.14
Bones	25.02	16,66	16,66	23,76	42,63	20,52	22.79

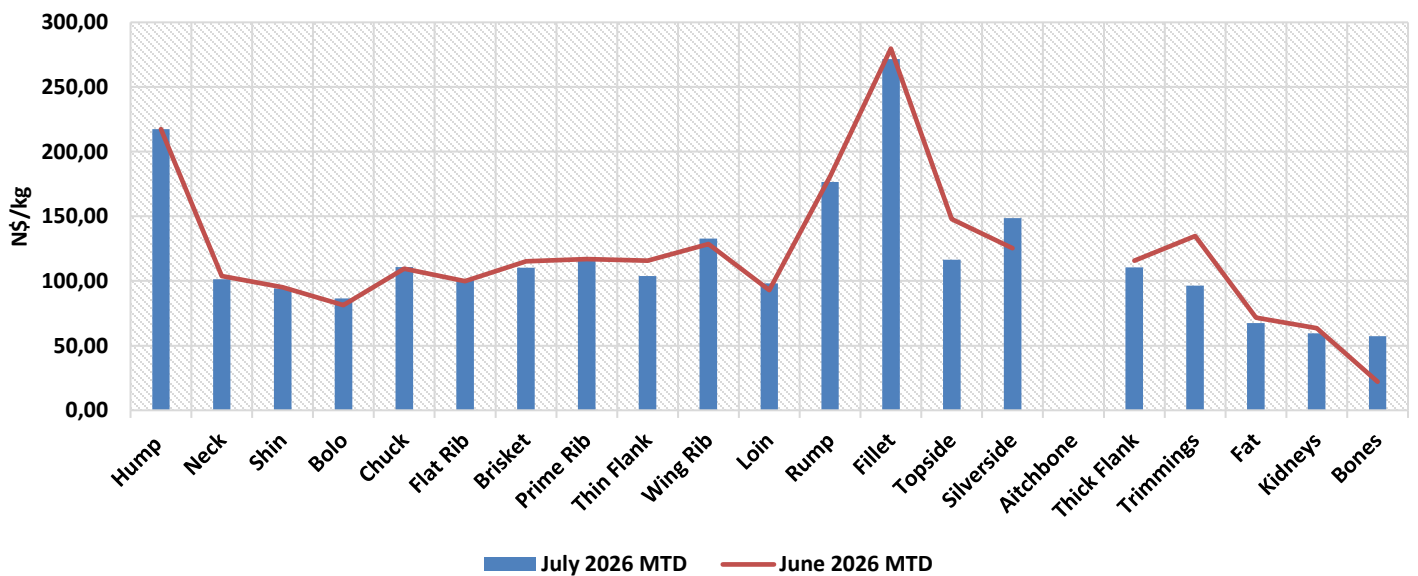
Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (KAVANGO EAST)

Description	03/07/2026	10/07/2026	17/07/2026	24/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	217.38					217.38	217.38
Neck	103.64	103,30	97.83	100.51	2.75	101.32	103.90
Shin	95.21	91,57	94.42	95.04	0.66	94.06	95.21
Bolo	81.25	81,25	101.88	81.25	-20.25	86.41	81.25
Chuck	110.02	110,02	112.34	110.60	-1.55	110.74	109.58
Flat Rib	99.99	99,99	99.04	104.34	5.35	100.84	99.99
Brisket	115.43	115,06	106.30	104.50	-1.69	110.32	115.25
Prime Rib	116.95	116,95	114.65	114.34	-0.27	115.72	116.95
Thin Flank	115.58	115,58	68.75	115.58	68.13	103.87	115.58
Wing Rib	128.53	128,53	140.86	133.05	-5.55	132.74	128.53
Loin	93.69	93,69	100.28	104.63	4.34	98.07	93.06
Rump	180.79	166,51	194.49	164.67	-15.33	176.62	180.79
Fillet	279.50	277,25	252.25	277.25	9.91	271.56	279.68
Topside	145.52	145,52	93.75	81.25	-13.33	116.51	147.92
Silverside	124.13	133,43	193.03	143.39	-25.72	148.50	125.33
Aitchbone			115.58				
Thick Flank	115.58	115,58	95.63	115.58	20.87	110.59	115.58
Trimnings	134.77	95,63	60.00	95.63	59.38	96.50	134.77
Fat	71.62	65,07	67.60	65.07	-3.75	67.34	71.62
Kidneys	63.38	63,38	52.71	59.03	11.99	59.63	63.38
Bones	21.95	21,95	164.56	21.08	-87.19	57.39	22.14

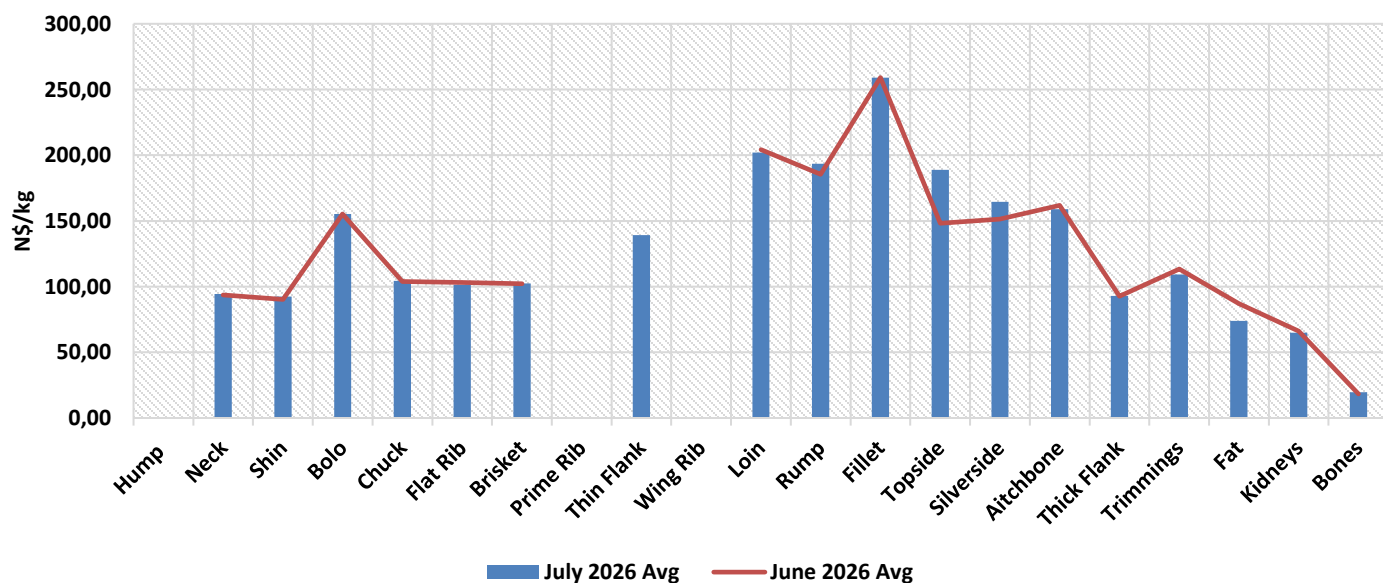
Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (OSHANA)

Description	03/07/2026	10/07/2026	17/07/2026	24/07/2026	% Δ w/w	July 2026 Avg	June 2026 Avg
Hump					0.00		
Neck	92,82	97,17	93.90	93.90	3.82	94.45	93.74
Shin	90,25	93,73	91.12	94.60		92.43	90.34
Bolo	155,21				0.00	155.21	155.21
Chuck	103,47	105,21	104.34	104.34	-2.14	104.34	103.90
Flat Rib	103,82	100,57	101.51	99.34	0.00	101.31	103.08
Brisket	102,43	104,17	101.56	101.56		102.43	102.12
Prime Rib							
Thin Flank	121,73	156,51				139.12	121.73
Wing Rib					8.19		
Loin	207,47	213,69	185.86	201.08	0.00	202.02	204.17
Rump	190,08	193,56	195.30	195.30	0.00	193.56	185.38
Fillet	259,12	259,12	259.12	259.12	4.35	259.12	259.08
Topside	146,95	199,99	199.99	208.69	0.00	188.90	148.25
Silverside	147,82	162,31	173.90	173.90	0.00	164.48	151.30
Aitchbone	161,73	160,86	156.51	156.51	-6.14	158.90	161.73
Thick Flank	89,73	89,56	99.12	93.03	0.00	92.86	92.60
Trimmings	104,34	106,08	113.03	113.03	0.00	109.12	113.47
Fat	86,95	69,56	69.56	69.56	0.00	73.90	86.95
Kidneys	65,21	66,30	64.17	64.17	0.00	64.96	66.08
Bones	19,99	20,86	18.83	18.83	0.00	19.63	18.31

BeeF Consumer Prices



WEEKLY BEEF CONSUMER PRICES (ZAMBEZI)

Description	03/07/2026	10/07/2026	17/07/2026	24/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	86.96	73,91	73,91	73,91	0,00	77,17	74.95
Neck	79.41	64,19	80,13	79,41	-0,90	75,79	79.41
Shin	89.56	88,11	88,11	89,56	1,64	88,83	89.28
Bolo	103.91	110,87	110,87	110,87	0,00	109,13	100.74
Chuck	85.21	84,20	84,49	85,21	0,86	84,78	84.55
Flat Rib	84.34	99,99	82,60	81,73	-1,05	87,17	84.19
Brisket	84.20	83,91	83,91	78,84	-6,05	82,71	83.04
Prime Rib	96.30	101,73	86,52	82,17	-5,03	91,68	88.34
Thin Flank	95.92	98,82	98,82	69,98	-29,19	90,89	92.43
Wing Rib	123.18	126,08	126,08	110,87	-12,07	121,55	123.18
Loin	131.81	142,25	142,25	147,46	3,67	140,94	134.16
Rump	119.65	143,99	152,69	154,43	1,14	142,69	136.63
Fillet	178.69	178,55	156,95	168,55	7,39	170,68	178.69
Topside	121.73	115,20	163,03	113,03	-30,67	128,25	118.66
Silverside	112.82	112,82	112,82	112,82	0,00	112,82	126.58
Aitchbone	149.99	175,64	149,99	149,99	0,00	156,40	139.87
Thick Flank	133.62	116,23	116,23	127,82	9,98	123,47	126.75
Trimmings	87.82	78,26	78,26	78,26	0,00	80,65	86.52
Fat	8.70	8,70	8,70	8,70	0,00	8,70	8.70
Kidneys	61.73	62,60	62,60	62,60	0,00	62,38	57.59
Bones	15.50	15,50	15,13	15,13	0,00	15,31	15.19

Beef Consumer Prices

