



Weekly Beef Consumer Prices

(Khomas, Kavango East,
Oshana, Zambezi)

DATE: 03 July 2026

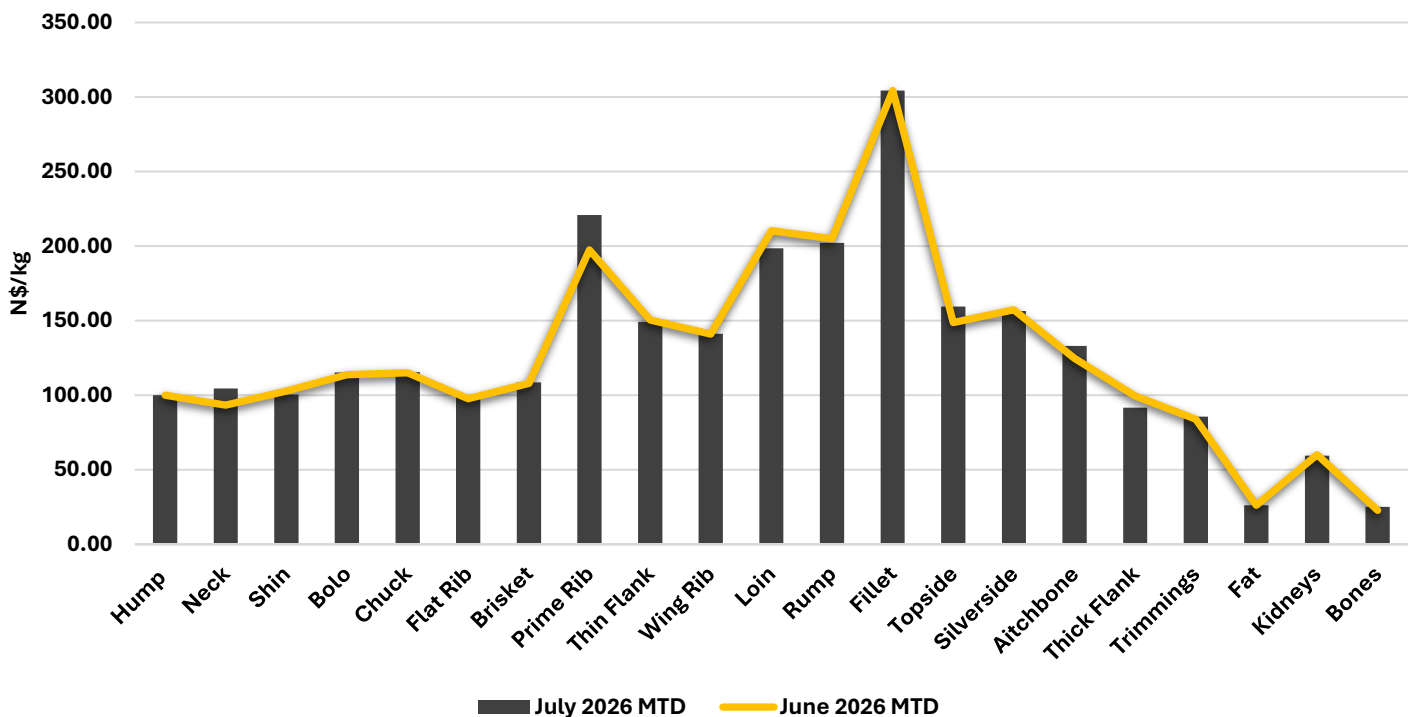


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WEEKLY BEEF CONSUMER PRICES (KHOMAS)

Description	12/06/2026	19/06/2026	26/06/2026	03/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	99.99	99.99	99.99	99.99	0.00	99.99	99.99
Neck	93.32	93.32	93.32	104.43	11.90	104.43	93.32
Shin	102.89	102.89	102.89	100.47	-2.35	100.47	102.89
Bolo	113.76	113.76	113.76	115.21	1.27	115.21	113.76
Chuck	115.50	115.50	115.50	115.50	0.00	115.50	115.14
Flat Rib	97.27	97.27	98.90	98.90	0.00	98.90	97.68
Brisket	109.36	107.43	107.62	108.59	0.90	108.59	107.96
Prime Rib	198.25	198.25	198.25	220.86	11.40	220.86	197.38
Thin Flank	150.72	150.72	150.72	149.27	-0.96	149.27	150.35
Wing Rib	141.30	141.30	141.30	141.30	0.00	141.30	141.02
Loin	210.43	210.43	210.43	198.54	-5.65	198.54	210.43
Rump	204.34	204.34	204.34	202.17	-1.06	202.17	204.88
Fillet	304.34	304.34	304.34	304.34	0.00	304.34	304.34
Topside	148.83	148.83	148.83	159.41	7.11	159.41	148.83
Silverside	157.38	157.38	157.38	156.51	-0.55	156.51	157.38
Aitchbone	124.34	124.34	120.34	133.03	10.55	133.03	124.64
Thick Flank	100.61	100.61	101.11	91.54	-9.46	91.54	99.65
Trimmings	83.76	85.21	81.83	85.69	4.72	85.69	84.00
Fat	26.08	26.08	26.08	26.08	0.00	26.08	26.08
Kidneys	60.14	60.14	60.14	59.41	-1.20	59.41	60.14
Bones	22.79	22.79	22.79	25.02	9.75	25.02	22.79

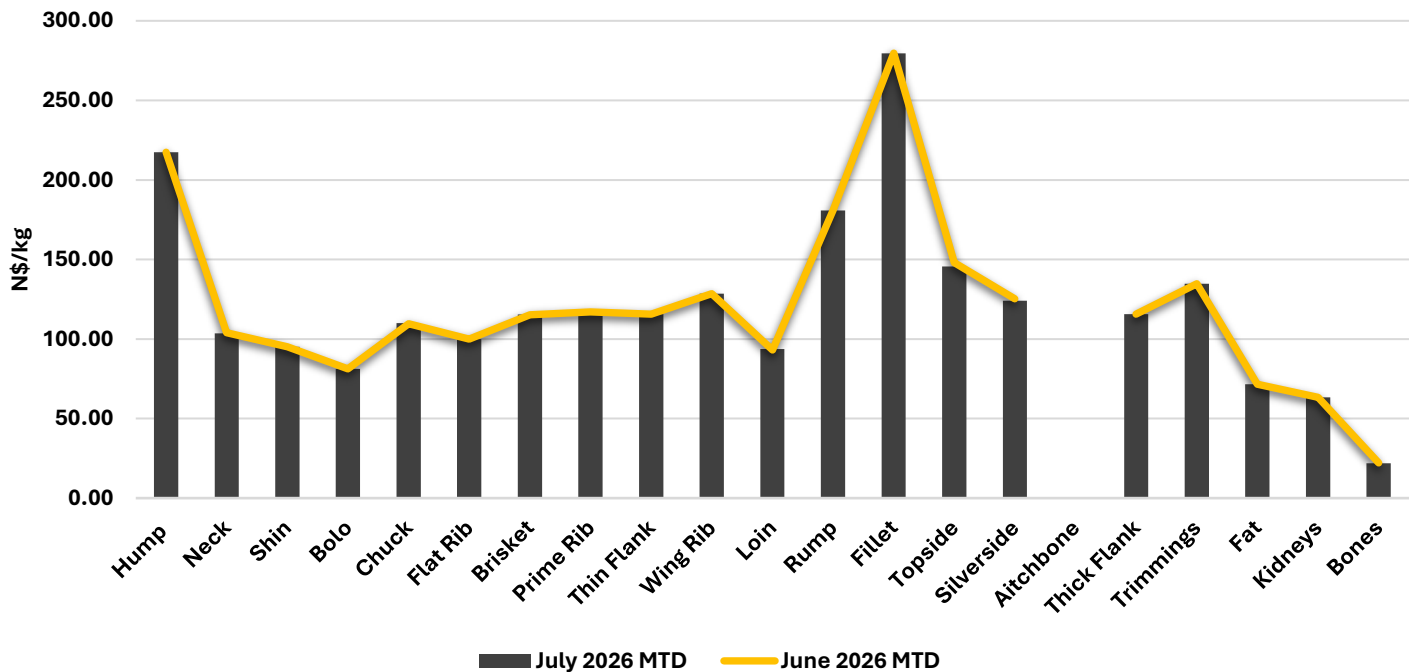
Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (KAVANGO EAST)

Description	12/06/2026	19/06/2026	26/06/2026	03/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	217.38	217.38	217.38	217.38	0.00	217.38	217.38
Neck	104.17	103.64	103.64	103.64	0.00	103.64	103.90
Shin	95.21	95.21	95.21	95.21	0.00	95.21	95.21
Bolo	81.25	81.25	81.25	81.25	0.00	81.25	81.25
Chuck	109.15	110.02	110.02	110.02	0.00	110.02	109.58
Flat Rib	99.99	99.99	99.99	99.99	0.00	99.99	99.99
Brisket	115.06	115.43	115.43	115.43	0.00	115.43	115.25
Prime Rib	116.95	116.95	116.95	116.95	0.00	116.95	116.95
Thin Flank	115.58	115.58	115.58	115.58	0.00	115.58	115.58
Wing Rib	128.53	128.53	128.53	128.53	0.00	128.53	128.53
Loin	92.43	93.69	93.69	93.69	0.00	93.69	93.06
Rump	180.79	180.79	180.79	180.79	0.00	180.79	180.79
Fillet	279.85	279.50	279.50	279.50	0.00	279.50	279.68
Topside	155.09	145.52	145.52	145.52	0.00	145.52	147.92
Silverside	131.79	124.13	124.13	124.13	0.00	124.13	125.33
Aitchbone					n/a		
Thick Flank	115.58	115.58	115.58	115.58	0.00	115.58	115.58
Trimblings	134.77	134.77	134.77	134.77	0.00	134.77	134.77
Fat	71.62	71.62	71.62	71.62	0.00	71.62	71.62
Kidneys	63.38	63.38	63.38	63.38	0.00	63.38	63.38
Bones	22.32	21.95	21.95	21.95	0.00	21.95	22.14

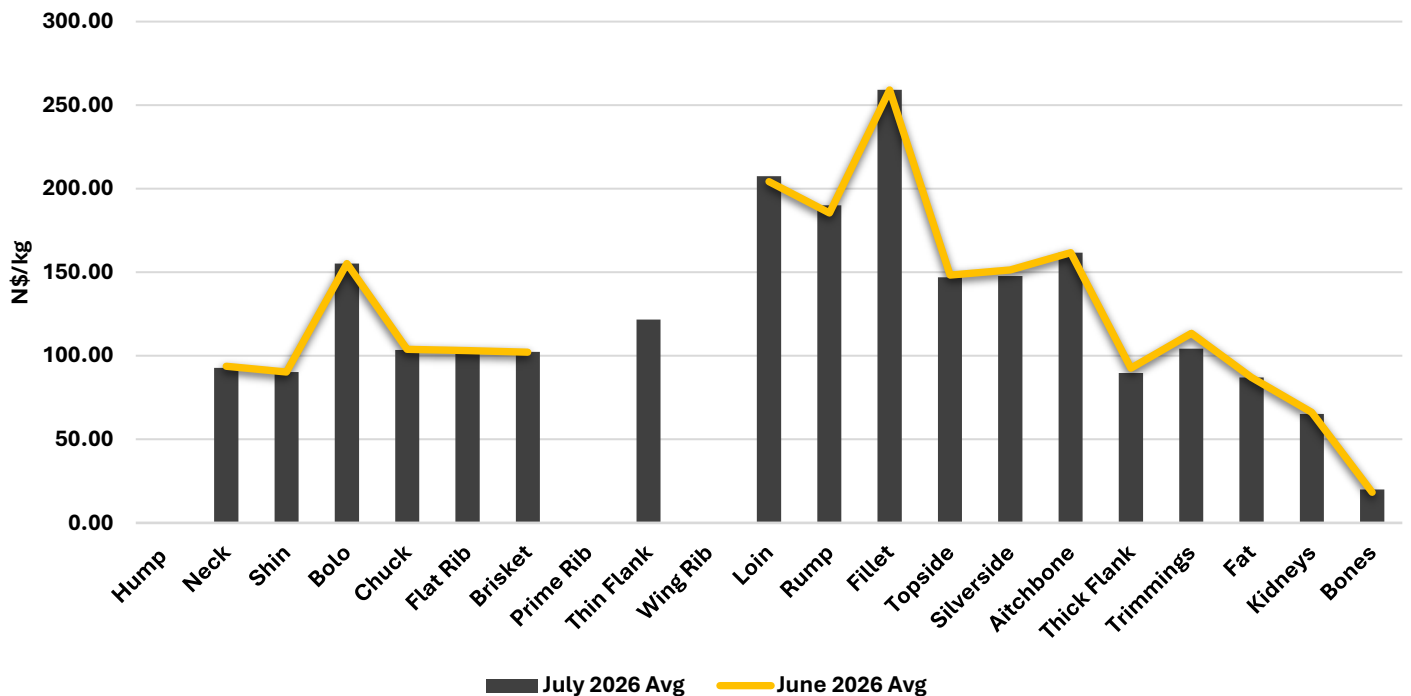
Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (OSHANA)

Description	12/06/2026	19/06/2026	26/06/2026	03/07/2026	% Δ w/w	July 2026 Avg	June 2026 Avg
Hump					N/A		
Neck	93.90	94.99	92.82	92.82	0.00	92.82	93.74
Shin	91.30	87.82	87.82	90.25	2.77	90.25	90.34
Bolo	155.21	155.21	155.21	155.21	0.00	155.21	155.21
Chuck	103.47	104.34	103.47	103.47	0.00	103.47	103.90
Flat Rib	102.95	98.60	103.82	103.82	0.00	103.82	103.08
Brisket	101.03	102.43	102.43	102.43	0.00	102.43	102.12
Prime Rib					N/A		
Thin Flank	121.73	121.73	121.73	121.73	0.00	121.73	121.73
Wing Rib					N/A		
Loin	207.47	212.69	190.43	207.47	8.95	207.47	204.17
Rump	186.60	179.64	191.82	190.08	-0.91	190.08	185.38
Fillet	259.12	259.12	259.12	259.12	0.00	259.12	259.08
Topside	146.95	146.95	152.17	146.95	-3.43	146.95	148.25
Silverside	147.82	154.77	154.77	147.82	-4.49	147.82	151.30
Aitchbone	161.73	161.73	161.73	161.73	0.00	161.73	161.73
Thick Flank	95.64	89.38	89.73	89.73	0.00	89.73	92.60
Trimblings	116.51	114.77	106.95	104.34	-2.44	104.34	113.47
Fat	86.95	86.95	86.95	86.95	0.00	86.95	86.95
Kidneys	66.08	66.08	66.08	65.21	-1.32	65.21	66.08
Bones	18.69	18.69	18.69	19.99	6.98	19.99	18.31

Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (ZAMBEZI)

Description	12/06/2026	19/06/2026	26/06/2026	03/07/2026	% Δ w/w	July 2026 MTD	June 2026 MTD
Hump	73.91	75.98	62.93	86.96	38.17	86.96	74.95
Neck	79.41	79.41	79.41	79.41	0.00	79.41	79.41
Shin	91.73	86.10	86.10	89.56	4.01	89.56	89.28
Bolo	103.91	97.58	97.58	103.91	6.49	103.91	100.74
Chuck	85.21	83.90	83.90	85.21	1.57	85.21	84.55
Flat Rib	92.17	82.30	82.30	84.34	2.49	84.34	84.19
Brisket	83.47	82.60	82.60	84.20	1.94	84.20	83.04
Prime Rib	96.30	88.87	87.13	96.30	10.53	96.30	88.34
Thin Flank	95.92	88.94	88.94	95.92	7.85	95.92	92.43
Wing Rib	123.18	123.18	123.18	123.18	0.00	123.18	123.18
Loin	137.03	122.59	122.59	131.81	7.52	131.81	134.16
Rump	143.99	139.56	112.02	119.65	6.80	119.65	136.63
Fillet	178.69	178.69	178.69	178.69	0.00	178.69	178.69
Topside	121.73	115.60	115.60	121.73	5.29	121.73	118.66
Silverside	112.82	140.34	140.34	112.82	-19.61	112.82	126.58
Aitchbone	149.99	129.74	129.74	149.99	15.60	149.99	139.87
Thick Flank	133.62	119.88	119.88	133.62	11.46	133.62	126.75
Trimming	85.21	87.82	87.82	87.82	0.00	87.82	86.52
Fat	8.70	8.70	8.70	8.70	0.00	8.70	8.70
Kidneys	61.73	53.44	53.44	61.73	15.51	61.73	57.59
Bones	15.50	14.87	14.87	15.50	4.24	15.50	15.19

Beef Consumer Prices

