



# Weekly Beef Consumer Prices

(Khomas, Kavango East, Oshana, Zambezi)

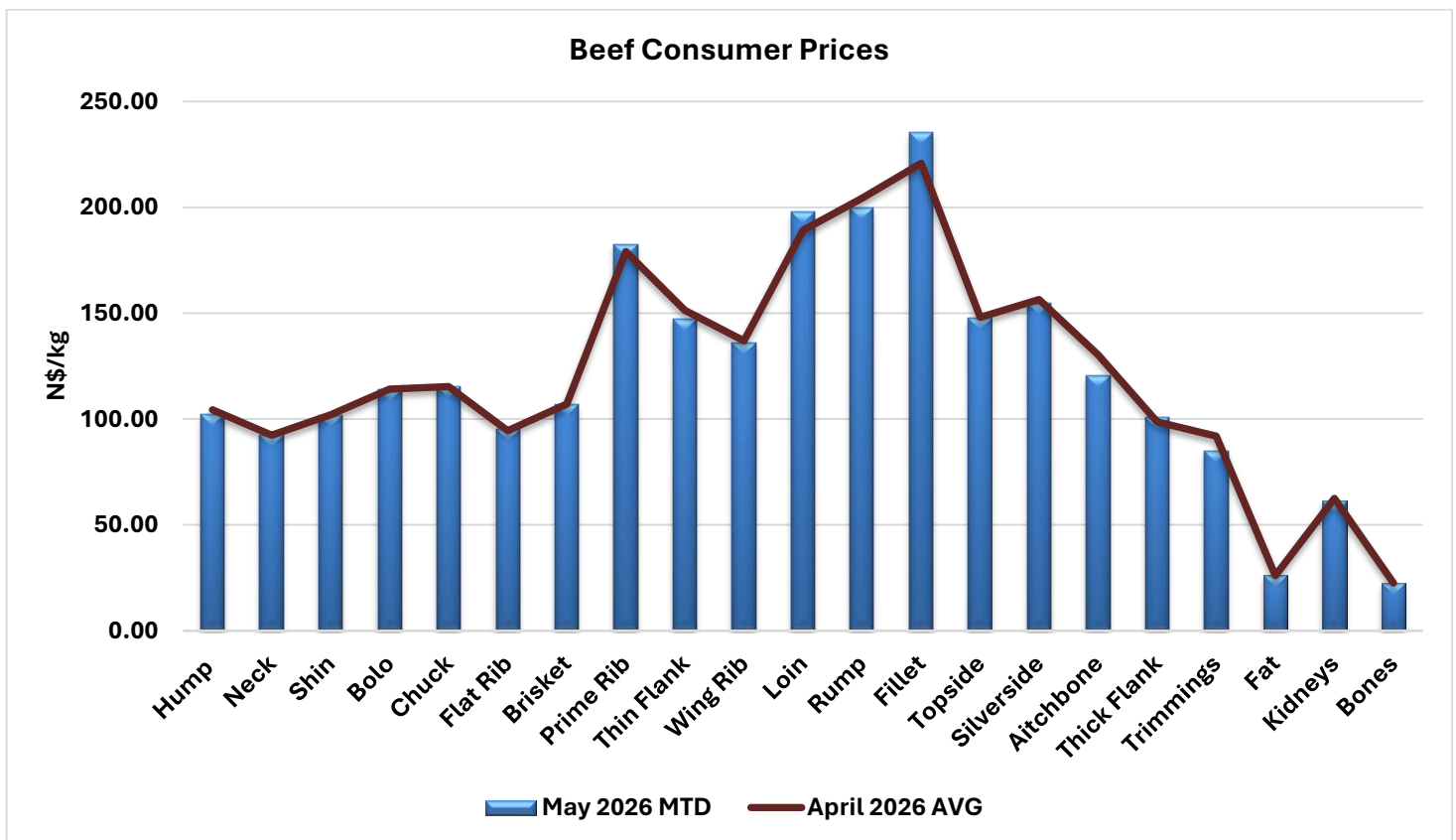
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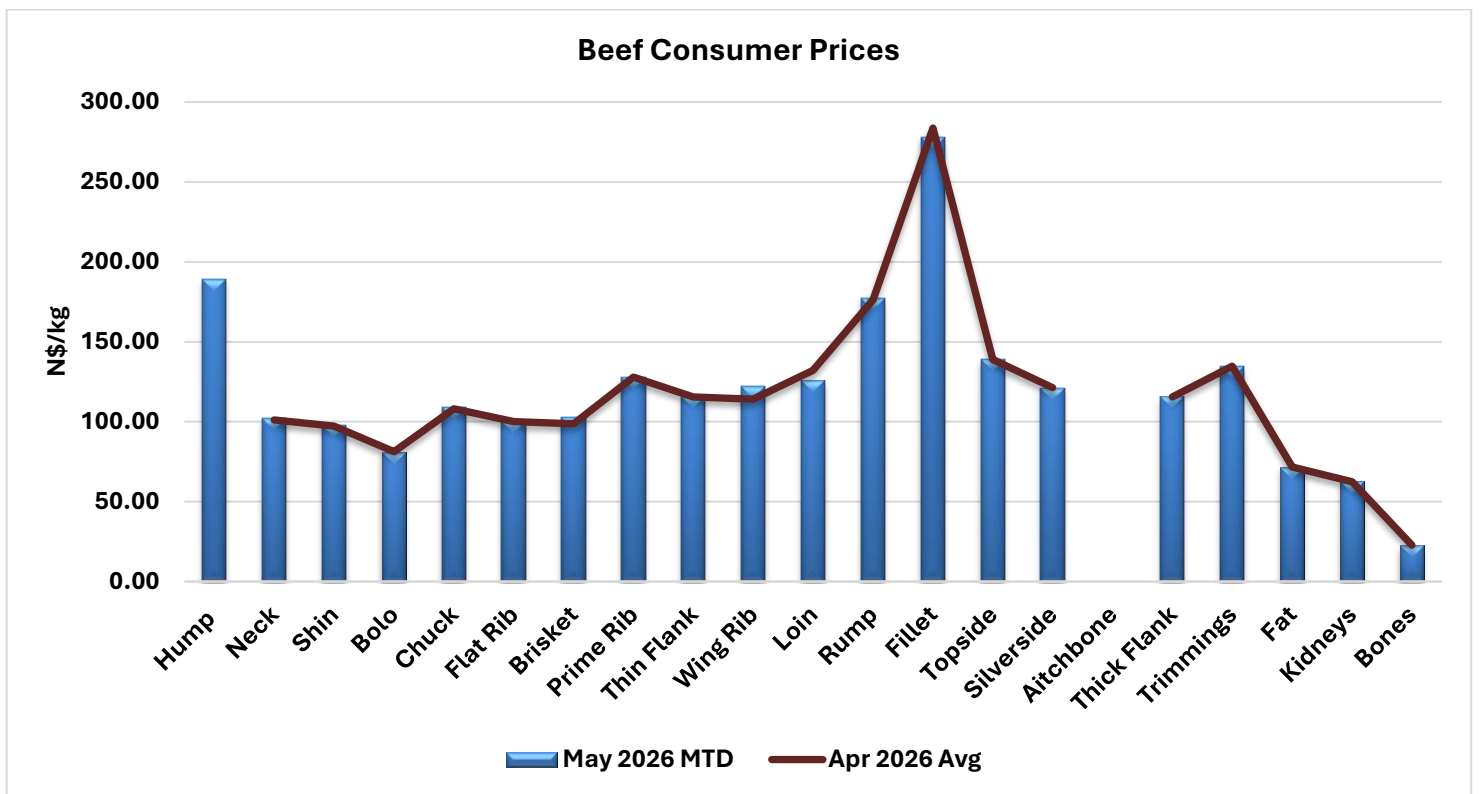
**WEEKLY BEEF CONSUMER PRICES (KHOMAS)**

Description	01/05/2026	08/05/2026	15/05/2026	22/05/2026	% Δ w/w	May 2026 MTD	April 2026 AVG
Hump	104.34	104.34	99.99	99.99	0.00	102.17	104.34
Neck	92.17	93.13	92.17	92.36	0.21	92.46	92.41
Shin	100.96	100.96	101.92	102.89	0.95	101.68	101.92
Bolo	113.76	113.76	112.31	115.21	2.58	113.76	114.12
Chuck	113.76	115.21	115.21	116.95	1.51	115.28	115.39
Flat Rib	94.56	94.56	91.84	98.90	7.69	94.96	94.56
Brisket	105.79	106.75	105.79	108.59	2.65	106.73	107.12
Prime Rib	177.38	177.38	170.43	205.21	20.41	182.60	179.12
Thin Flank	152.17	152.17	143.47	142.02	-1.01	147.46	151.44
Wing Rib	136.95	136.95	138.03	132.60	-3.94	136.13	136.95
Loin	193.03	193.03	194.77	210.43	8.04	197.82	189.12
Rump	201.08	184.77	208.69	204.34	-2.08	199.72	204.34
Fillet	194.77	226.08	217.38	304.34	40.00	235.64	220.82
Topside	148.83	148.83	147.38	145.93	-0.98	147.74	148.11
Silverside	156.51	154.77	153.03	153.90	0.57	154.56	156.51
Aitchbone	132.60	126.08	113.38	109.90	-3.07	120.49	130.35
Thick Flank	96.76	99.49	111.30	95.52	-14.18	100.77	98.63
Trimmings	90.52	84.73	80.38	83.76	4.21	84.85	91.98
Fat	26.08	26.08	26.08	26.08	0.00	26.08	26.08
Kidneys	62.60	62.60	60.86	60.14	-1.19	61.55	62.60
Bones	22.60	22.70	22.70	22.79	0.43	22.70	22.60



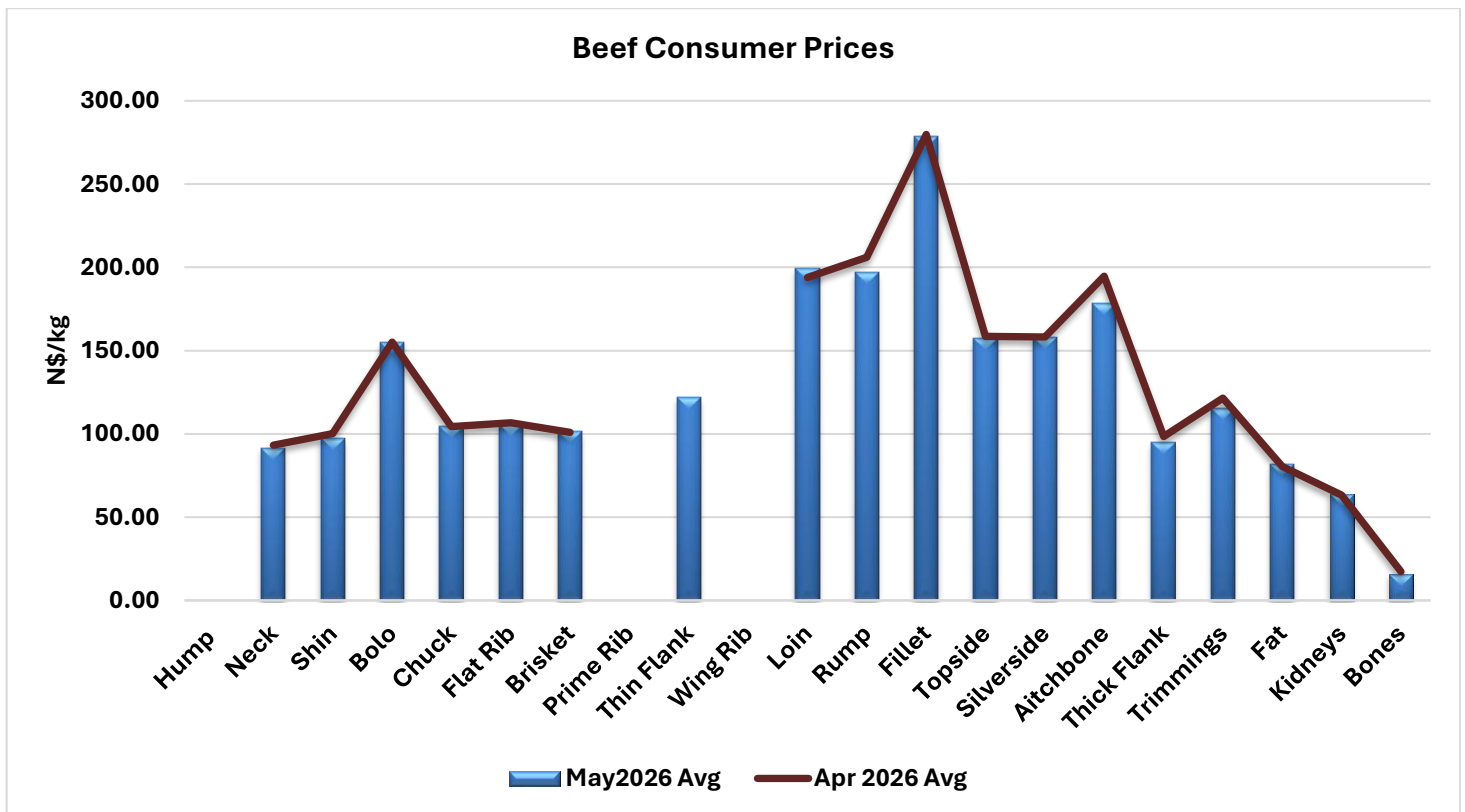
**WEEKLY BEEF CONSUMER PRICES (KAVANGO EAST)**

Description	01/05/2026	08/05/2026	15/05/2026	22/05/2026	% Δ w/w	Apr 2026 MTD	Mar 2026 AVG
Hump	104.34	217.38	217.38	217.38	0.00	189.12	
Neck	101.03	101.03	103.82	103.82	0.00	102.43	101.03
Shin	100.00	97.08	97.08	97.08	0.00	97.81	97.20
Bolo	81.25	81.25	81.25	81.25	0.00	81.25	81.25
Chuck	108.13	108.13	109.58	109.58	0.00	108.86	108.13
Flat Rib	99.99	99.99	99.99	99.99	0.00	99.99	99.99
Brisket	98.66	98.66	102.39	112.33	0.10	103.01	98.66
Prime Rib	127.82	127.82	127.82	127.82	0.00	127.82	127.82
Thin Flank	115.58	115.58	115.58	115.58	0.00	115.58	115.58
Wing Rib	114.00	121.05	126.79	126.79	0.00	122.16	114.00
Loin	127.43	125.04	125.04	125.04	0.00	125.63	132.21
Rump	176.44	177.89	177.89	177.89	0.00	177.53	176.44
Fillet	273.42	279.68	279.68	279.68	0.00	278.11	283.72
Topside	139.00	139.00	139.00	139.00	0.00	139.00	139.00
Silverside	121.26	121.26	121.26	121.26	0.00	121.26	121.26
Aitchbone					n/a		
Thick Flank	115.58	115.58	115.58	115.58	0.00	115.58	115.58
Trimblings	134.77	134.77	134.77	134.77	0.00	134.77	134.77
Fat	71.62	71.62	71.62	71.62	0.00	71.62	71.62
Kidneys	62.51	62.51	62.51	62.51	0.00	62.51	62.51
Bones	22.57	22.57	22.57	22.57	0.00	22.57	22.76



**WEEKLY BEEF CONSUMER PRICES (OSHANA)**

Description	01/05/2026	08/05/2026	15/05/2026	22/05/2026	% Δ w/w	Apr 2026 MTD	Mar 2026 AVG
Hump					n/a		
Neck	93.25	93.25	86.73	93.25	7.52	91.62	93.25
Shin	101.38	97.90	94.43	96.17	1.84	97.47	100.25
Bolo	155.21	155.21	155.21	155.21	0.00	155.21	155.21
Chuck	104.34	104.34	104.34	104.34	0.00	104.34	104.34
Flat Rib	106.77	103.30	106.95	106.95	0.00	105.99	106.77
Brisket	100.86	100.86	101.73	102.60	0.85	101.51	100.86
Prime Rib					n/a		
Thin Flank	121.73	121.73	121.73	121.73	0.00	121.73	138.47
Wing Rib					n/a		
Loin	197.38	186.95	206.08	206.08	0.00	199.12	193.90
Rump	206.08	199.12	191.30	191.30	0.00	196.95	206.08
Fillet	279.82	278.06	278.06	278.06	0.00	278.50	279.82
Topside	157.38	158.25	157.38	157.38	0.00	157.60	158.58
Silverside	158.25	158.25	158.25	158.25	0.00	158.25	158.25
Aitchbone	194.77	194.77	161.73	161.73	0.00	178.25	194.77
Thick Flank	95.82	95.82	93.73	94.08	0.37	94.86	98.34
Trimmings	120.86	120.86	109.56	109.56	0.00	115.21	121.40
Fat	80.43	80.43	80.43	86.95	8.11	82.06	80.43
Kidneys	64.34	62.25	63.99	63.99	0.00	63.64	63.30
Bones	16.08	17.17	14.99	14.99	0.00	15.81	17.33



**WEEKLY BEEF CONSUMER PRICES (ZAMBEZI)**

Description	01/05/2026	08/05/2026	15/05/2026	22/05/2026	% Δ w/w	May 2026 MTD	Apr 2026 Avg
Hump	86.96	73.91	69.46	62.93	-9.39	73.32	74.95
Neck	82.74	79.12	79.12	79.12	0.00	80.02	83.47
Shin	91.01	88.11	84.86	94.18	10.98	89.54	89.79
Bolo	106.08	104.99	98.45	97.58	-0.88	101.77	99.22
Chuck	84.92	84.20	83.03	83.03	0.00	83.79	84.32
Flat Rib	94.34	76.08	75.28	75.28	0.00	80.25	100.00
Brisket	84.63	83.91	76.99	81.73	6.16	81.82	82.83
Prime Rib	86.52	76.23	71.95	70.87	-1.51	76.39	82.03
Thin Flank	98.82	98.82	91.12	88.94	-2.39	94.43	87.94
Wing Rib	126.08	106.52	106.52	123.18	15.65	115.57	120.83
Loin	117.90	156.07	140.16	142.88	1.94	139.25	131.99
Rump	150.95	148.34	135.94	135.21	-0.53	142.61	149.20
Fillet	178.55	191.01	191.01	190.29	-0.38	187.71	177.97
Topside	101.43	116.29	110.03	109.16	-0.79	109.23	99.38
Silverside	124.86	113.91	141.21	140.34	-0.62	130.08	129.27
Aitchbone	156.51	175.64	146.85	146.85	0.00	156.46	147.02
Thick Flank	117.82	117.82	104.77	104.77	0.00	111.30	111.30
Trimmings	85.21	83.47	93.91	93.91	0.00	89.13	87.28
Fat	8.70	8.70	8.70	8.70	0.00	8.70	8.70
Kidneys	60.86	62.60	54.17	54.17	0.00	57.95	56.79
Bones	15.94	15.50	14.87	14.87	0.00	15.29	15.19

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