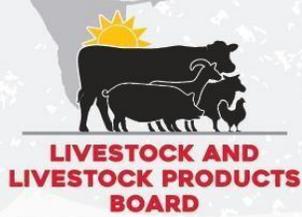




Weekly Beef Consumer Prices

(Khomas, Kavango East,
Oshana, Zambezi)

DATE: 06 March 2026

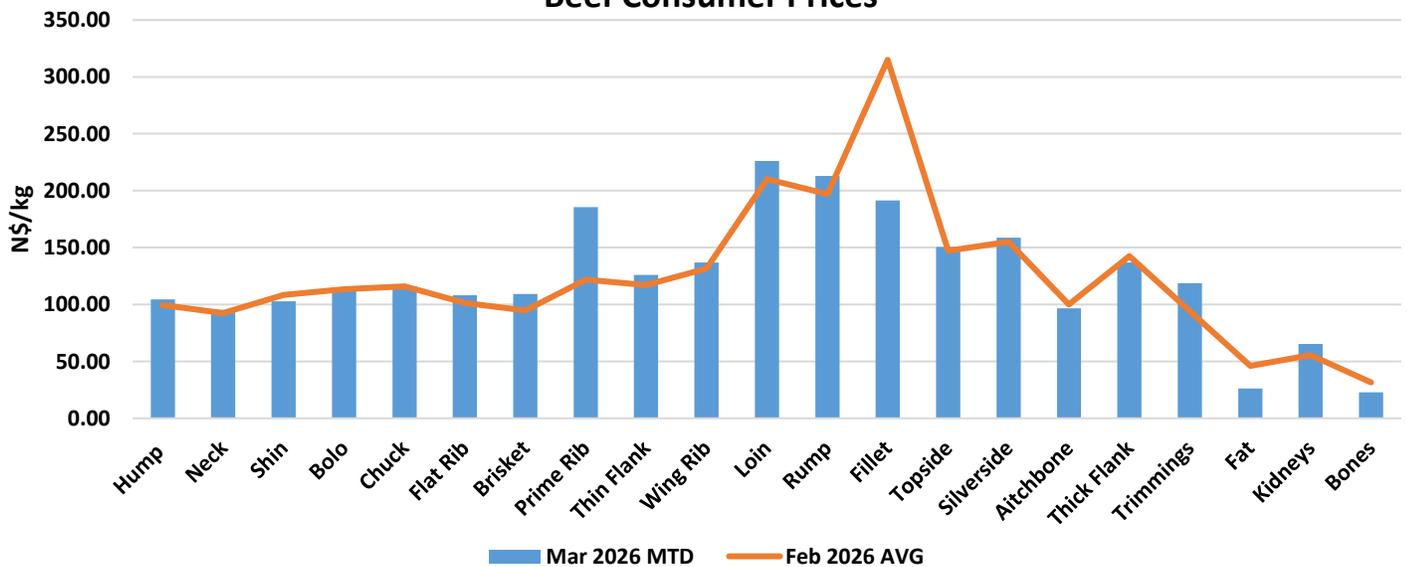


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WEEKLY BEEF CONSUMER PRICES (KHOMAS)

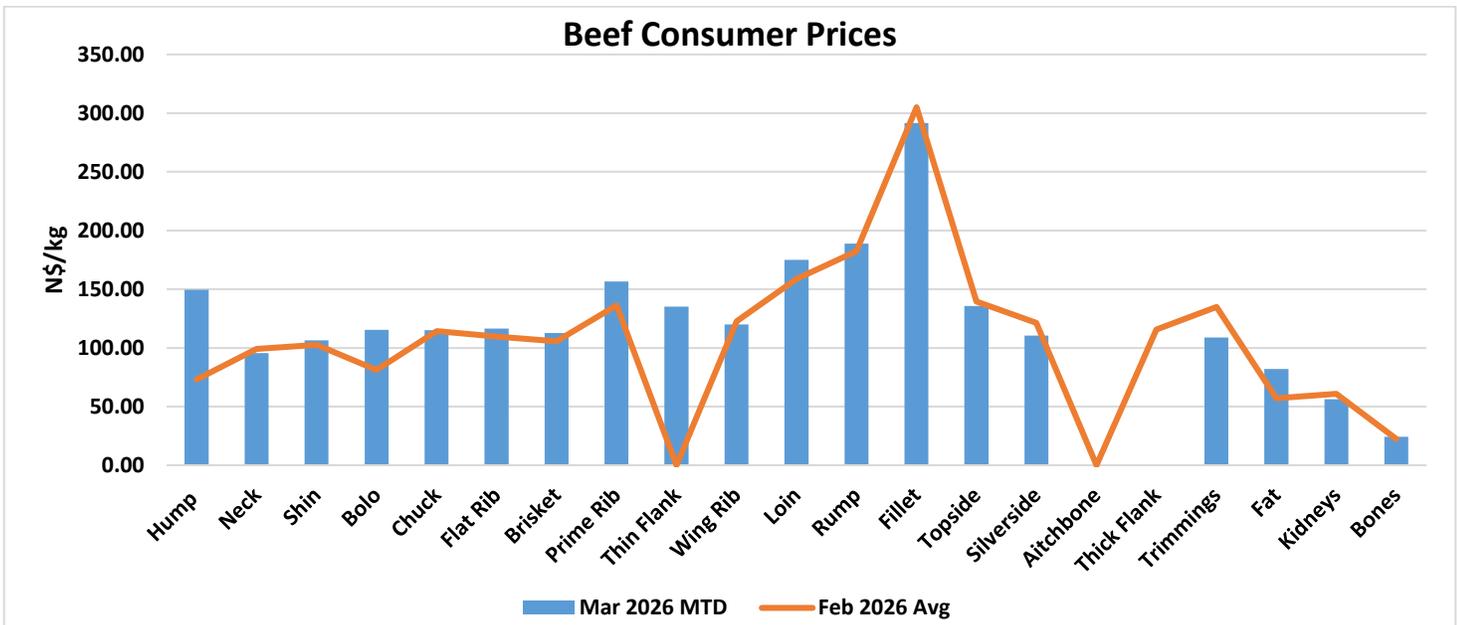
Description	06/03/2026	13/03/2026	20/03/2026	27/03/2026	% Δ w/w	Mar 2026 MTD	Feb 2026 AVG
Hump	104.34				4.35	104.34	99.45
Neck	95.10				1.74	95.10	92.56
Shin	102.88				-0.81	102.88	108.30
Bolo	115.21				3.92	115.21	113.31
Chuck	115.93				-1.23	115.93	115.86
Flat Rib	108.11				9.30	108.11	101.39
Brisket	109.17				7.62	109.17	94.66
Prime Rib	185.50				52.38	185.50	121.73
Thin Flank	126.08				14.85	126.08	117.11
Wing Rib	136.95				12.50	136.95	131.69
Loin	226.08				20.23	226.08	210.05
Rump	213.03				20.49	213.03	197.09
Fillet	191.30				-40.00	191.30	315.03
Topside	150.72				8.33	150.72	147.09
Silverside	158.69				1.39	158.69	155.06
Aitchbone	96.51				-1.77	96.51	99.99
Thick Flank	136.95				-1.56	136.95	142.38
Trimmings	118.83				18.84	118.83	94.19
Fat	26.08				-57.15	26.08	46.08
Kidneys	65.43				16.37	65.43	55.46
Bones	22.89				-26.04	22.89	31.49

Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (KAVANGO EAST)

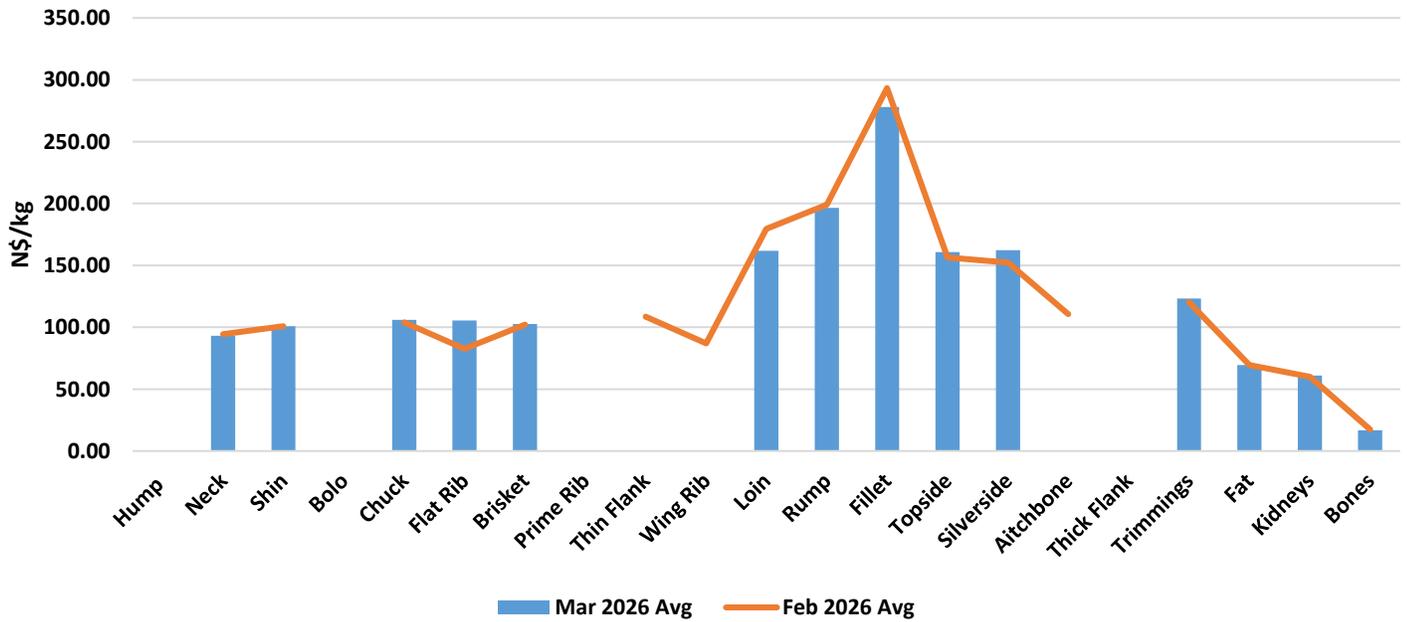
Description	06/03/2026	13/03/2026	20/03/2026	27/03/2026	% Δ w/w	Mar 2026 MTD	Feb 2026 Avg
Hump	149.56				n/a	149.56	73,03
Neck	95.47				-8.35	95.47	98,95
Shin	106.43				1.44	106.43	102,59
Bolo	115.40				42.03	115.40	81,25
Chuck	115.15				-4.74	115.15	114,18
Flat Rib	116.37				10.15	116.37	109,67
Brisket	112.52				1.17	112.52	105,48
Prime Rib	156.51				2.27	156.51	136,19
Thin Flank	135.18				n/a	135.18	
Wing Rib	119.86				0.00	119.86	122,59
Loin	174.88				4.08	174.88	158,83
Rump	188.91				3.49	188.91	182,31
Fillet	291.59				-4.50	291.59	305,00
Topside	135.77				-2.85	135.77	139,46
Silverside	110.39				-8.96	110.39	121,26
Aitchbone					n/a		
Thick Flank					n/a		115,63
Trimmings	108.77				-19.29	108.77	134,77
Fat	81.95				9.43	81.95	57,14
Kidneys	56.22				-7.88	56.22	60,93
Bones	24.23				8.86	24.23	22,25



WEEKLY BEEF CONSUMER PRICES (OSHANA)

Description	06/02/2026	13/02/2026	20/02/2026	27/02/2026	% Δ w/w	March 2026 MTD	February 2026 AVG
Hump					n/a		
Neck	93.25				0.00	93.25	94,30
Shin	100.86				-0.51	100.86	100,95
Bolo					n/a		
Chuck	106.08				1.67	106.08	103,90
Flat Rib	105.43				n/a	105.43	82,60
Brisket	102.60				0.00	102.60	102,17
Prime Rib					n/a		
Thin Flank					n/a		108,51
Wing Rib					n/a		86,95
Loin	161.73				-11.01	161.73	179,56
Rump	196.51				0.00	196.51	199,12
Fillet	278.08				0.00	278.08	293,27
Topside	160.86				-5.13	160.86	156,51
Silverside	162.31				6.67	162.31	152,17
Aitchbone					n/a		110,60
Thick Flank					n/a		
Trimmings	123.18				0.00	123.18	120,28
Fat	69.56				0.00	69.56	69,56
Kidneys	61.08				0.00	61.08	59,99
Bones	16.73				-6.86	16.73	17,35

Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (ZAMBEZI)

Description	06/02/2026	13/02/2026	20/02/2026	27/02/2026	% Δ w/w	March 2026 MTD	February 2026 AVG
Hump	86.96				-2.43	86.96	88.58
Neck	84.19				3.57	84.19	82.74
Shin	87.39				2.72	87.39	92.42
Bolo	92.17				-0.93	92.17	96.84
Chuck	86.37				0.85	86.37	86.12
Flat Rib	113.73				24.57	113.73	101.78
Brisket	85.36				3.52	85.36	83.91
Prime Rib	86.52				1.27	86.52	88.91
Thin Flank	71.72				10.00	71.72	68.46
Wing Rib	110.87				8.51	110.87	106.52
Loin	156.16				0.00	156.16	153.55
Rump	157.04				14.30	157.04	147.65
Fillet	178.69				1.99	178.69	177.60
Topside	122.81				0.89	122.81	122.27
Silverside	126.78				0.69	126.78	126.34
Aitchbone	147.82				0.00	147.82	139.12
Thick Flank	117.82				0.00	117.82	117.82
Trimmings	86.95				0.00	86.95	90.21
Fat	8.70				0.00	8.70	8.70
Kidneys	58.78				0.00	58.78	58.78
Bones	16.23				-8.95	16.23	17.02

