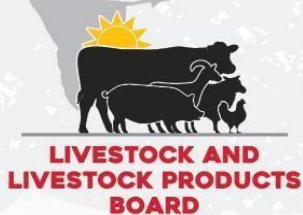




Weekly Beef Consumer Prices

(Khomas, Kavango East,
Oshana, Zambezi)

DATE: 20 January 2026



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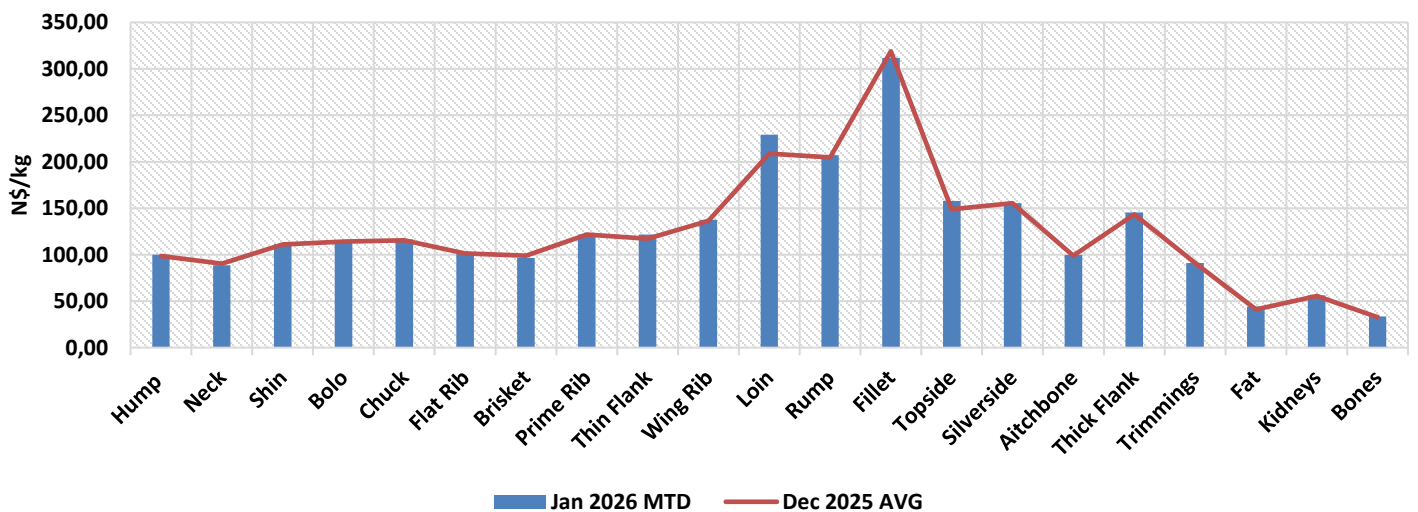
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WEEKLY BEEF CONSUMER PRICES (KHOMAS)

Description	19/12/2025	02/01/2026	09/01/2026	20/01/2026	% Δ w/w	January 2026 MTD	December 2025 AVG
Hump	97,82	99,99	99,99	99,99	0,00	99,99	99,45
Neck	90,43	90,43	90,43	84,77	-6,25	88,54	89,38
Shin	110,86	111,30	111,30	111,30	0,00	111,30	111,19
Bolo	114,12	114,12	114,48	114,12	-0,32	114,24	114,21
Chuck	114,77	117,38	114,77	117,38	2,27	116,51	116,08
Flat Rib	100,86	102,89	99,99	102,89	2,90	101,92	101,66
Brisket	99,82	97,38	94,60	97,38	2,94	96,46	97,30
Prime Rib	121,73	121,73	121,73	121,73	0,00	121,73	121,73
Thin Flank	115,21	121,73	121,73	121,73	0,00	121,73	120,10
Wing Rib	137,67	133,69	145,64	133,69	-8,21	137,67	137,67
Loin	199,99	226,08	230,43	230,43	0,00	228,98	220,64
Rump	205,79	202,89	206,51	211,59	2,46	207,00	204,52
Fillet	323,90	308,69	308,69	317,38	2,82	311,59	312,49
Topside	144,92	156,51	154,34	162,31	5,16	157,72	153,07
Silverside	156,51	153,61	153,61	159,41	3,77	155,55	154,34
Aitchbone	98,11	100,57	98,11	100,57	2,51	99,75	99,34
Thick Flank	143,47	143,47	144,92	147,82	2,00	145,40	143,83
Trimmings	91,30	90,43	90,43	92,17	1,92	91,01	90,64
Fat	39,99	43,47	49,27	39,99	-18,83	44,24	44,05
Kidneys	55,21	56,22	56,22	56,22	0,00	56,22	53,94
Bones	32,17	34,01	34,01	32,17	-5,43	33,40	33,55

Beef Consumer Prices



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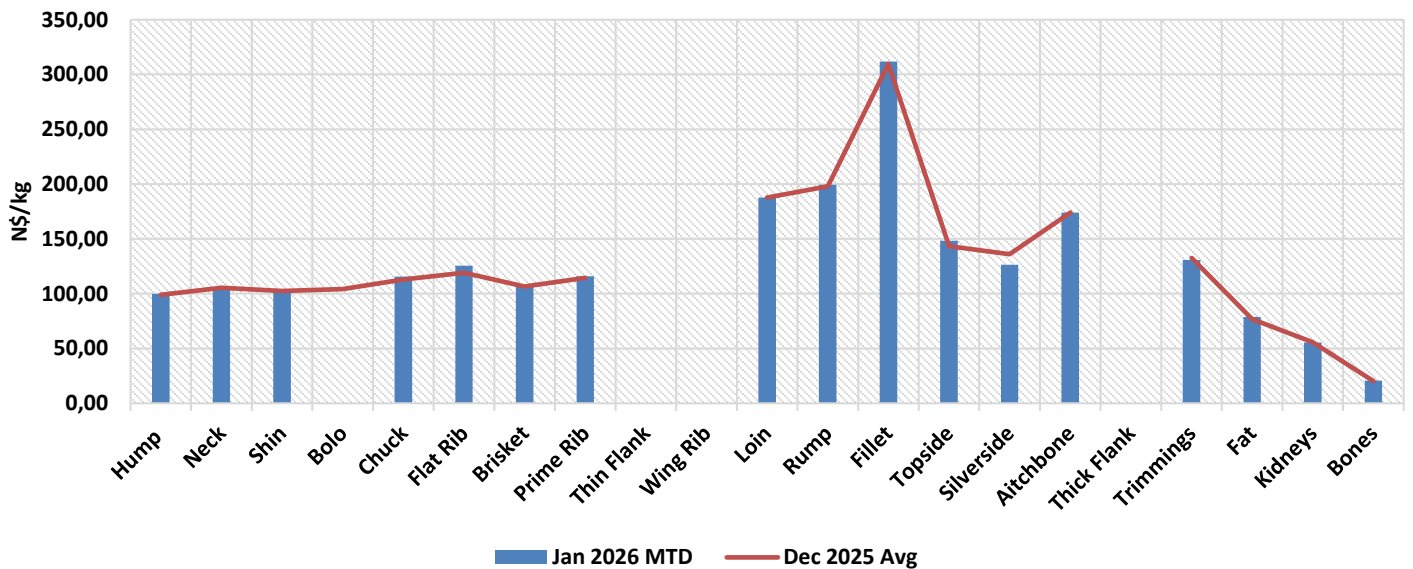
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WEEKLY BEEF CONSUMER PRICES (KAVANGO EAST)

Description	26/12/2025	02/01/2026	09/01/2026	16/01/2026	% Δ w/w	January 2026 MTD	December 2025 AVG
Hump	99,99	104,12	104,05	91,30	-12,26	99,82	98,90
Neck	110,64	106,08	99,56	112,19	12,69	105,94	105,30
Shin	103,76	113,03	91,30	103,47	13,33	102,60	102,38
Bolo							104,34
Chuck	114,12	114,12	114,12	118,71	4,02	115,65	112,84
Flat Rib	123,90	123,90	123,90	128,73	3,90	125,51	119,01
Brisket	106,69	106,69	106,69	110,70	3,77	108,03	106,51
Prime Rib	113,03	113,03	113,03	121,73	7,69	115,93	114,28
Thin Flank							
Wing Rib							
Loin	188,69	188,69	188,69	185,38	-1,75	187,59	187,67
Rump	198,69	198,69	202,17	197,43	-2,34	199,43	197,95
Fillet	322,17	322,17	322,17	291,21	-9,61	311,85	309,51
Topside	145,64	145,64	145,64	153,77	5,58	148,35	143,39
Silverside	129,56	129,56	129,56	120,43	-7,05	126,51	135,97
Aitchbone	173,90	173,90	173,90			173,90	173,90
Thick Flank							
Trimmings	141,08	141,08	141,08	110,03	-22,00	130,73	132,65
Fat	77,96	77,96	77,96	80,72	3,53	78,88	76,80
Kidneys	56,84	56,84	59,01	50,34	-14,70	55,40	55,86
Bones	20,60	20,60	20,25	20,95	3,43	20,60	20,23

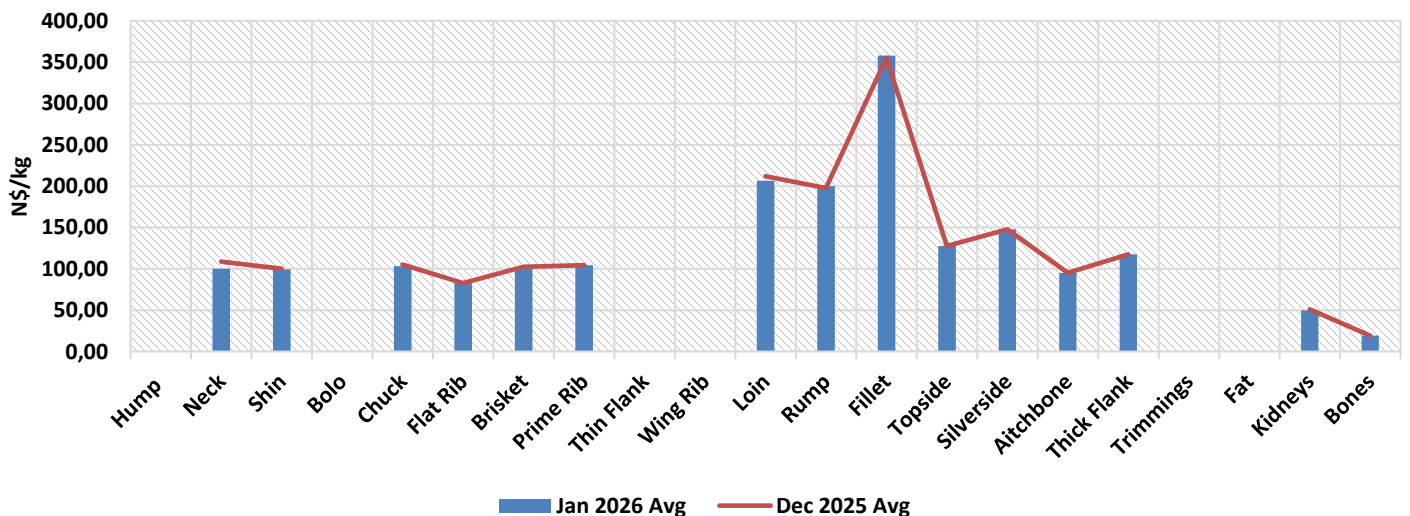
Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (OSHANA)

Description	26/12/2025	02/01/2026	09/01/2026	16/01/2026	% Δ w/w	January 2026 MTD	December 2025 AVG
Hump							
Neck	108,69	95,64	107,24	97,09	-9,46	99,99	108,69
Shin	99,99	99,99	99,99	98,25	-1,74	99,41	99,99
Bolo							
Chuck	105,21	103,47	103,47	103,25	-0,21	103,40	105,21
Flat Rib	82,60	82,60	82,60	82,60	0,00	82,60	82,60
Brisket	102,60	100,86	100,86	100,86	0,00	100,86	102,60
Prime Rib	104,34	104,34	104,34	104,34	0,00	104,34	104,34
Thin Flank							
Wing Rib							
Loin	211,88	211,88	211,88	196,08	-7,46	206,61	211,88
Rump	197,82	197,82	197,82	204,34	3,30	199,99	197,82
Fillet	355,06	357,96	357,96	357,96	0,00	357,96	355,06
Topside	127,53	127,53	127,53	127,53	0,00	127,53	127,53
Silverside	147,82	147,82	147,82	147,82	0,00	147,82	147,82
Aitchbone	94,99	94,99	94,99	94,99	0,00	94,99	94,99
Thick Flank	117,38	117,38	117,38	117,38	0,00	117,38	117,38
Trimmings							
Fat							
Kidneys	51,12	49,77	49,77	49,77	0,00	49,77	51,12
Bones	19,12	19,12	19,12	19,12	0,00	19,12	19,12

Beef Consumer Prices



WEEKLY BEEF CONSUMER PRICES (ZAMBEZI)

Description	26/12/2025	02/01/2026	09/01/2025	16/01/2026	% Δ w/w	January 2026 MTD	December 2025 AVG
Hump							
Neck	95,99	95,99	92,52	90,78	-1,88	93,10	92,08
Shin	105,04	101,56	87,30	92,52	5,98	93,79	97,60
Bolo	118,83	118,83	126,08	124,63	-1,15	123,18	112,23
Chuck	95,12	97,73	99,47	113,38	13,99	103,53	97,03
Flat Rib	121,73	98,54	99,99	102,17	2,17	100,23	111,58
Brisket	90,78	90,78	94,78	93,47	-1,38	93,01	93,17
Prime Rib	113,91	116,08	116,08	102,60	-11,61	111,59	110,43
Thin Flank			147,82	165,21	11,77	156,51	
Wing Rib				121,73		121,73	
Loin	128,17	131,65	143,82	136,86	-4,84	137,44	129,55
Rump	177,04	143,82	147,30	149,04	1,18	146,72	171,73
Fillet	224,69	224,69	203,82	202,08	-0,85	210,20	222,08
Topside	127,24	124,34	127,24	146,52	15,15	132,70	129,07
Silverside	134,76	134,76	110,70	132,58	19,76	126,02	135,49
Aitchbone	147,82	147,82	147,82	147,82	0,00	147,82	150,72
Thick Flank	113,47	113,47	113,47	122,17	7,66	116,37	113,47
Trimmings							
Fat							
Kidneys	53,04	51,30	50,60	52,34	3,44	51,41	53,69
Bones	15,99	12,17	15,99	15,99	0,00	14,72	14,08

Beef Consumer Prices

